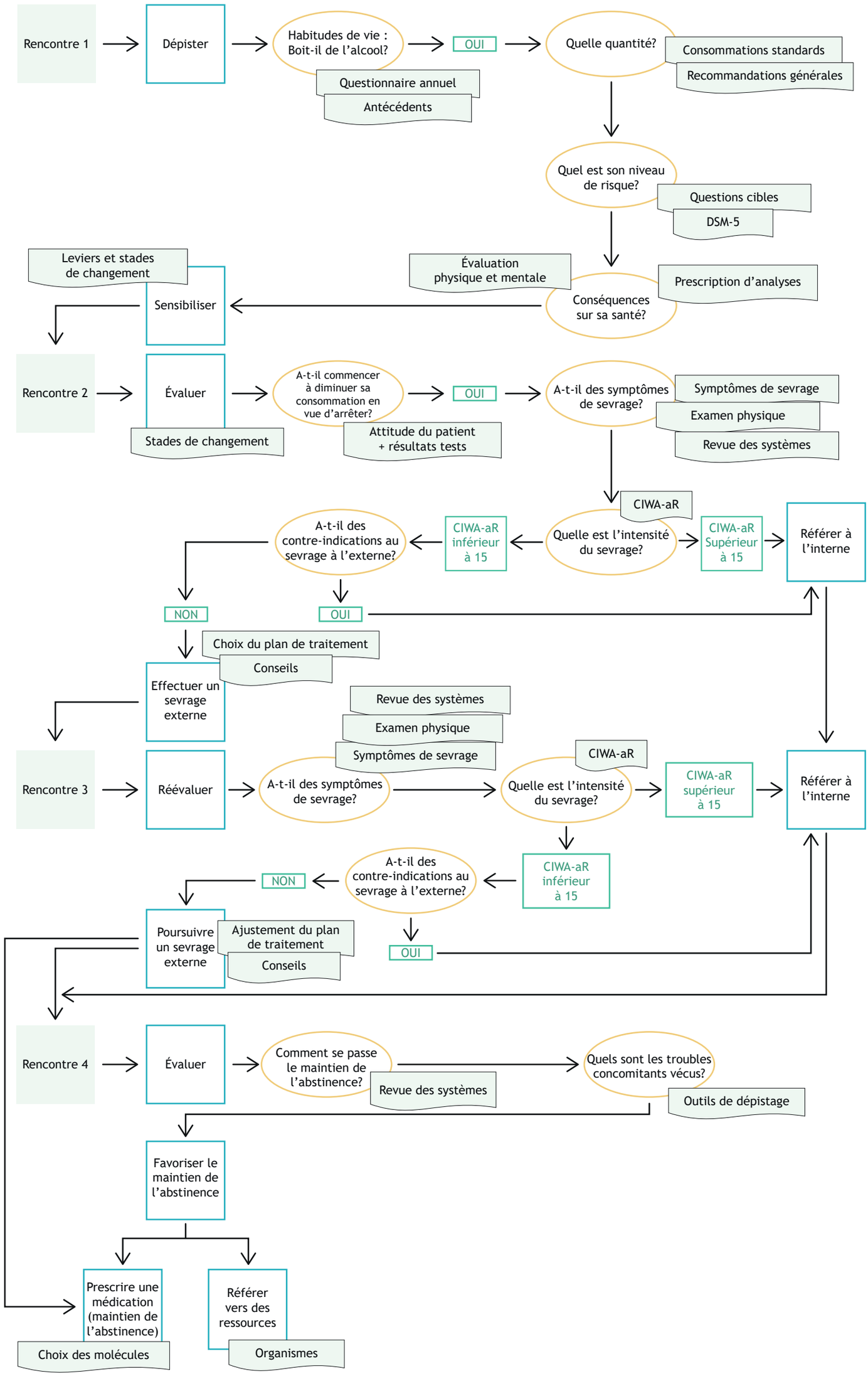Processus de sevrage complet